

Would you like to know more about HLT meetings?

Get in touch with

The preschool: Preschool teacher or childcare worker at your department

The school: Your teacher/mentor or principal

Student health: School nurse/counsellor/special education

Social services: Reception unit: 090 - 16 10 02

Your Health Centre: County council switchboard: 090 - 785 00 00

You can get further information about HLT at:

www.umea.se

www.regionvasterbotten.se



Illustrator Nadia Svanborg

Health, learning and safety (HLT)

Umeå Municipality and the county council's health centres are working together to provide children, young people (0–16) and their families with timely and coordinated support.

Health, learning and safety (HLT) meetings make it possible for your child/teenager and family to be offered inter-professional and coordinated support from the school/student health, social services and the health centre.

This might be in relation to matters such as:

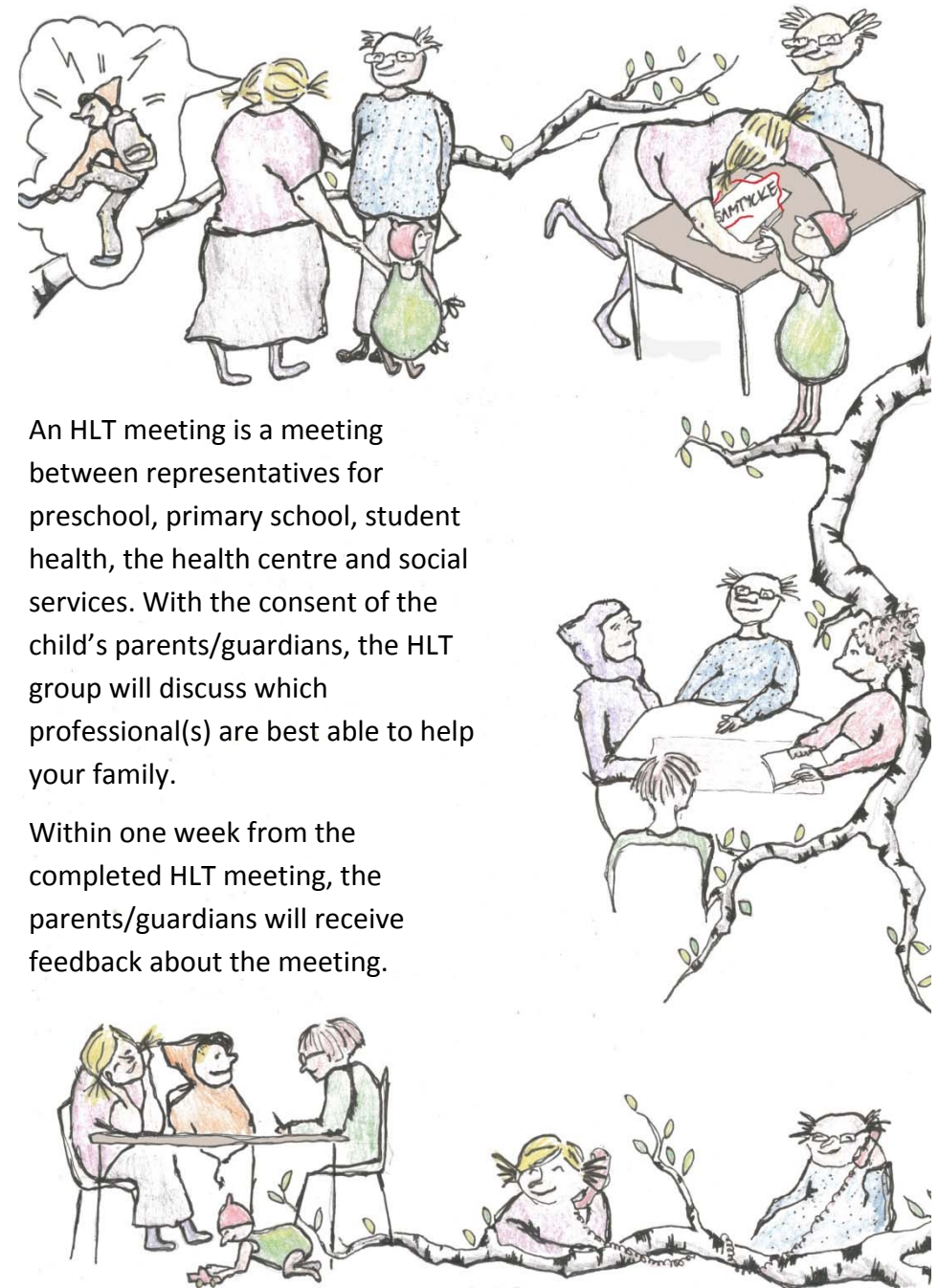
How is the child feeling?

How are things going for them at preschool/school?

What is the child's emotional state?

How are the parents feeling and how are things going for them?

How does the child/teenager interact with others?



An HLT meeting is a meeting between representatives for preschool, primary school, student health, the health centre and social services. With the consent of the child's parents/guardians, the HLT group will discuss which professional(s) are best able to help your family.

Within one week from the completed HLT meeting, the parents/guardians will receive feedback about the meeting.